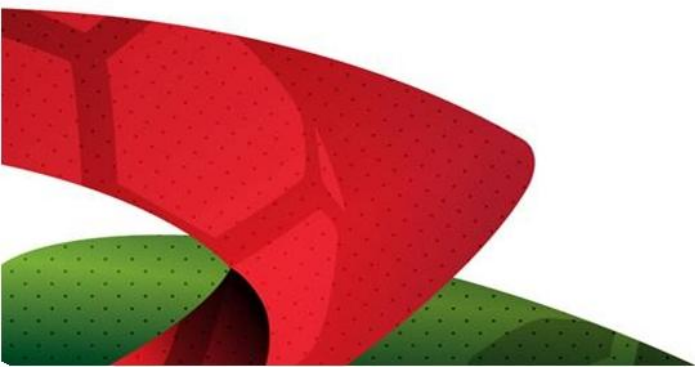


Trends and directions in coach education in Europe

International Council for Coaching Excellence

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Secretary General



Who is a good coach?

- What are their knowledge and skills?
- What are they doing? Why are they doing what they do?
- How do they know?
- How do they learn to become good coaches?
- How to educate coaches? What needs to be taught?
- What is the role of organised education programs in this process?
- How do you measure and assess good coaching?





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XIº
congresso
técnico científico de
ANDEBOL

How to be a better coach



Learn to listen, especially to the athletes –
they are excellent teachers.

Help each athlete develop all of their capacities:
physical, mental/emotional, and social.

Take a stand against doping and cheating in sport.

Thirst for knowledge
attend coaching courses, get certified, stay up to date.

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Universidade Lusófona

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Finding answers

Motivation

Education and CPD

Sharing (best practice)

Cooperation – within
sport, within nation,
internationally

Reference points

Quality



Perspectives and Trends in Education of Coaches

Future of coaching and coach education in the world of everyday IT innovations, open international cooperation, globalisation and European integration - **art of sharing and gaining**
Need for more applied studies in coach education, mainly in the area of Higher Education

Gap in communication between education and job market

Need for applied practice in education of coaches

Close cooperation with national sport federation

Recognition of prior learning and current competence

Goal: Better organised coaches & better educated coaches = better coaches, better sport experience for athletes and players

What can WE do?

Cooperation in education

Dialogue:

- between the educational sectors in coach education - universities, vocational, federation based and private
- between national federations and educational institutions

Relation to a national/international framework

Quality assurance system:

Assessment systems in quality assurance

Self assessment tools – individuals, systems

Guidelines for the best practice (example of International Tennis Federation)






Cooperation in education on national level

Sport coaching as a blended profession – role of educational institutions

Cooperation of educational institutions (mainly universities) and sport federations

- developing programs together and involvement in the in delivery of each other's programs
- recognition of prior learning and current competence
- credit transfer from vocational/federation education into HE
- role of universities in CPD
- Problematic areas: diploma courses versus university programs

The recognition of coaching qualifications between sectors

	National Competent Authorities recognize	
		
Federation-based education	Public or private coaching education agencies	Higher Education based education
MUTUAL RECOGNITION OF QUALIFICATIONS (WHICH MAY LEAD TO A LICENCE IMMEDIATELY OR MAY REQUIRE COACHING EXPERIENCE/CONTINUING PROFESSIONAL DEVELOPMENT)		
(COACHING EXPERIENCE AND CONTINUING PROFESSIONAL DEVELOPMENT)		
COACHING LICENCE ISSUED BY THE FEDERATION or the national competent authority and recognized by the national competent authority		

Cooperation with reasearch and sport science

- More applied studies
- Cooperation with universities
- Applied research on demand
- Communication
- „Translation” gaps in communication between researchers and coaches
- Research in Sport Coaching – role of higher education
- Graduates with coaching degrees vs. job market – analysis, research

European cooperation

Differing systems

Language barriers

Different views on European integration

Different concepts of the role of the coach

Changing legislative, educational/vocational qualifications

Sport specific differences

Different approaches to coach education by:

**countries, sports, target groups, educational level,
educational sector**



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Cooperation in Education – examples

- Mobility of staff in sport coaching programs
- Regional cooperations
- Joint degrees, European Masters/Professional doctorate
- Cooperation in sport specialisation
- European Sport Coaching Framework
- International quality assurance for sport coaching education programs
- European HE platform in Sport Coaching

Coach developers

Coach Developers are the critical success factor for delivery of effective quality coach education
How we develop those people who contribute to the development of coaches.

Teaching and learning:

- how we develop those people who contribute to the development of coaches
- how can coaches learn in the most effective way



Training of coach developers

Most effective methodologies to use when training tutors/facilitators

Quality coach development – what this means in local environment

Operative guidelines for the selection, training, support and professional development of Coach Developers

Develop career, qualification and professional development pathways for Coach Developers

Share and describe good coach developer practice in teaching methods and coach training

Identify the quality improvement standards and measurement processes

Coach developers – role of HE lecturers in coach education programs and in the development of coach developers

Effective Continuous Professional Development (CPD)

- Effective and widely accepted CPD in national federations
- Possible national CPD structure for sport coaches
- Quality assurance system in place
- Aligned with licencing
- Cooperation with educational institutions and European/International federations
- Multisport CPD



Representation issues - Why organising coaches?

Voice of the coach in:

- Employment issues - coaching career, workplace, contract, etc.
- Professional issues - development of the sport, running the organisation, federation, decision making in clubs, schools, etc., coach education, continuous professional development and licencing, Code of Conduct

In education:

Opinion of coaches, coaching committees, coaches associations in development of educational programs for coaches





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DURBAN RESOLUTIONS

- Self awareness is a catalyst for growth – the more you know, the more you realize how little you know
- Knowledge alone is insufficient – coach education and development must be competence based
- Willingness for collaboration and the opportunity to learn from each other
- We all need to be knowledge brokers and not gate keepers – spread and share the word!
- Learning is not a quick fix – change takes time
- **Every athlete at whatever stage deserves a qualified, competent and caring coach**

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Thank you!

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