



# Vision in Handball

*Bom dia  
Como estão?*



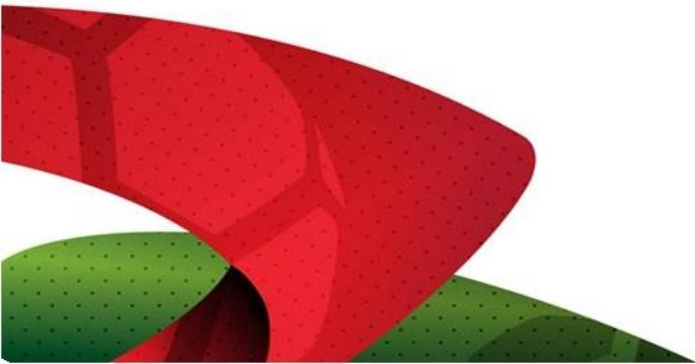
*Workshop 2*

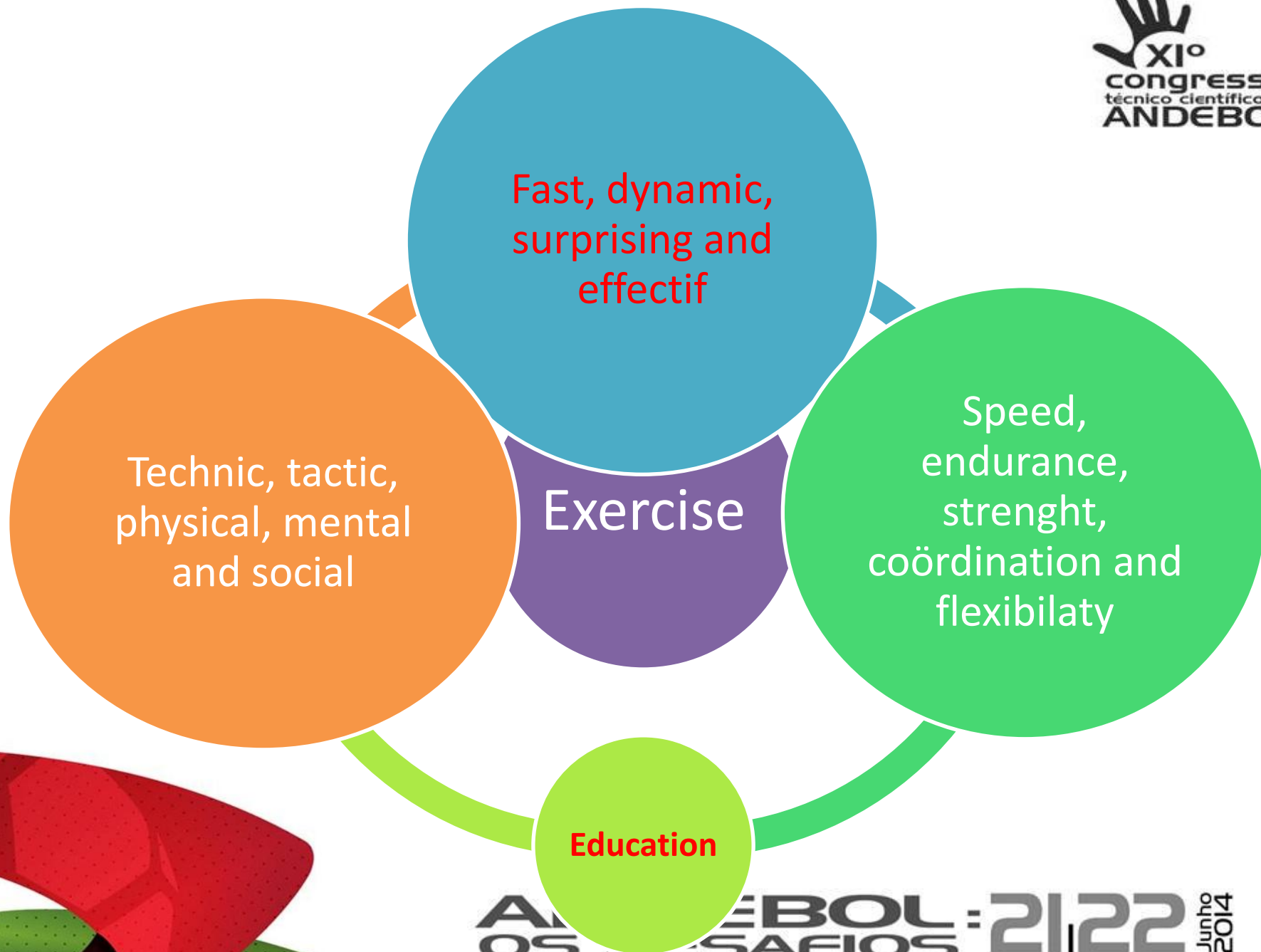
*The trainer/coach in relation to a handball vision*



# Yesterday?

- Place of a exercise?
- Visual or learning by hearing?
- Writing things?

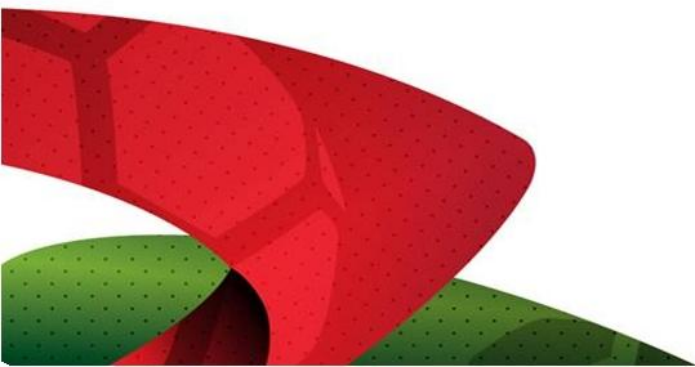




# What way off education and witch kind off trainers and coaches do we need?

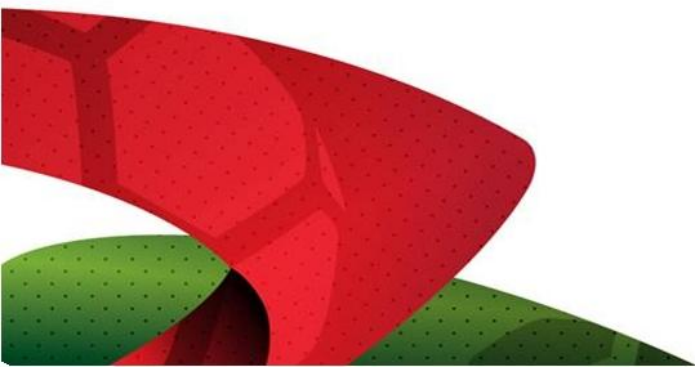
Yes, we need a new kind of trainer, a new kind of coach was the outcome of the new handball vision.

- More asking then telling.
- From tactical always telling how to play to let the players decide more and more.



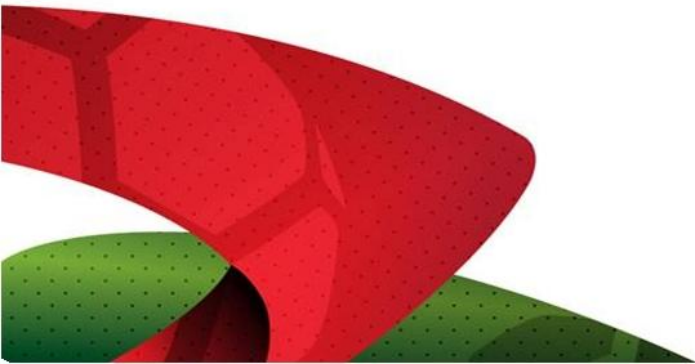
# Challenges

- As you probably know Dutch people are stubborn, one of the outcomes of our investigation.
- It is difficult to reach the trainers and coaches.
- It is difficult to bring in some new aspects; we did it a long time in another way!



# The trainers and coaches.

- Off course very important, they work with our young people!
- Using education and presentations in the country we were sure that this was a big step, we were not used to work as new trainers and coaches!



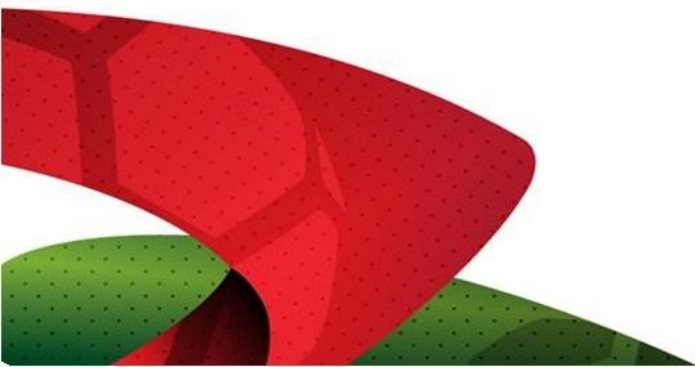


# Training and coaching?!

To explain that we need trainers who are going to let players find in certain exercises out their own solutions.

## Example:

- Instead of explain the tactical solutions 3 against 3 in a small space let the players play 3 against 3 and let them draw and explain their tactical used solutions.

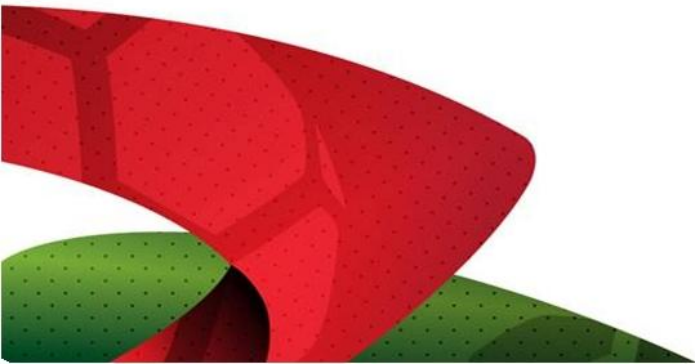


# Training and coaching?!

To explain that coaches have to ask more questions instead of telling how to play. And let players find their own solutions playing the game.

## Example:

- Instead of telling the way to play during games give them a certain time the responsibility to find out their own tactical solutions.



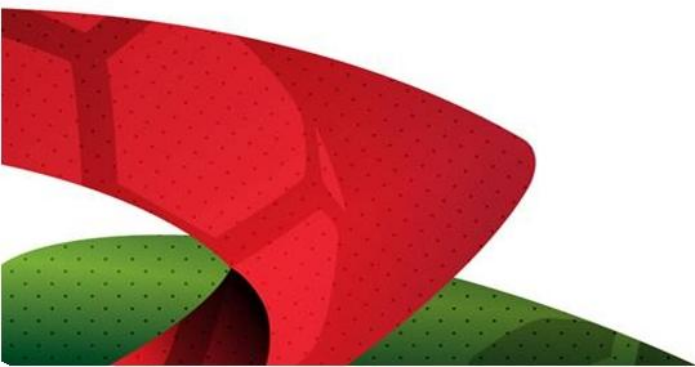


# What is your position?



# Trainer – coach – manager?

- Who are you?
- Can you manage yourself?
- Do you know what kind of TC is necessary?
- Do you want to chance?
- Do you know your points of ....?



# What behavior does vision need?

- Fast, dynamic, surprising, effectif?
- Portugal handball vision?
- Your club vision?
- Your handball vision?



# What behavior does vision need?

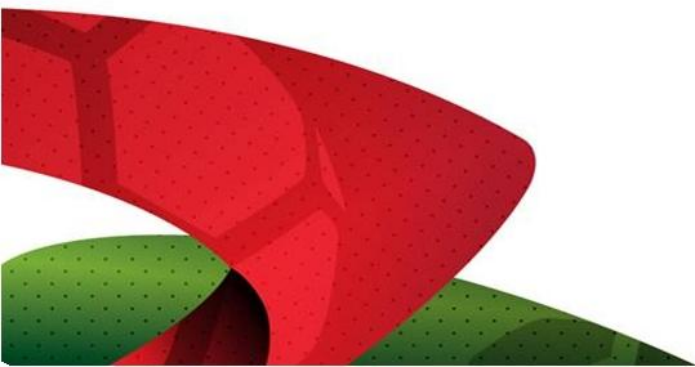
- Which steps are you going to make?
- Which steps has your country, club, team have to make?
- ***Have a pleasant dream.***





# Who are you?

- Please write a view of your good coach points on a paper?
- What happens when you do that to much?
- What is your goal/aim/challenge?
- What do you dislike in this area?



# Chance?

**Good behavior**

**To much good behavior**

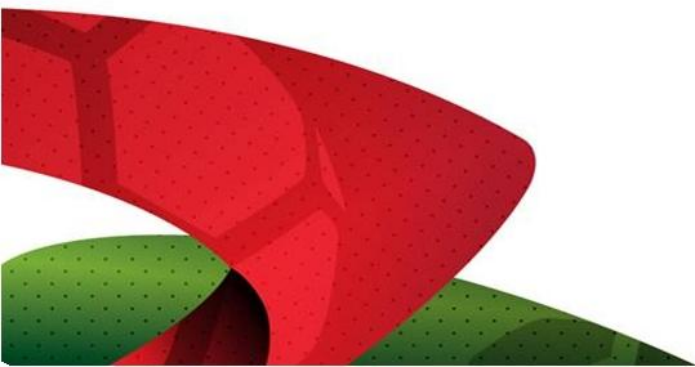
**Challenge?**

**Dislike behavior by your  
players?**



# Some quotes or triggers:

- We hope you see a part of our playing ideas, of course not all!
- Would, when everybody would invest in their country culture and other specific matters, their handball be different? Maybe better?
- Of course we know we are not alone in this, great handball countries did this before us.



# Discussion and questions?

Thank you, good luck.

